

Family History - Fill in health information about your family

Relation	Age	State of Health	Age at Death	Cause of Death	Check (√) if your blood relatives had any of the following:	
					Disease	Relationship to you
Father					<input type="checkbox"/>	Arthritis/Gout
Mother					<input type="checkbox"/>	Aortic Aneurysm
Brothers					<input type="checkbox"/>	Blood Clots
					<input type="checkbox"/>	Cancer
					<input type="checkbox"/>	Chemical/ETOH dependency
					<input type="checkbox"/>	Diabetes
					<input type="checkbox"/>	Heart Disease/Stroke
Sisters					<input type="checkbox"/>	High Blood Pressure
					<input type="checkbox"/>	Kidney Disease
					<input type="checkbox"/>	Peripheral Vascular Disease
					<input type="checkbox"/>	Varicose Veins
					<input type="checkbox"/>	Other

Hospitalizations -			Pregnancies -		
Year	Hospital	Reason for Hospitalization and Outcome	Year of Birth	Sex of Birth	Complication if any

Health Habits		
Check (√) Which substances you use and describe how much you use.		
Caffeine _____		
Alcohol _____		
Drugs _____		
Tobacco _____ Year Quit _____		
_____ How many years _____ Packs per day		

Occupational		
Check (√) if your work exposes you to the following		
<input type="checkbox"/>	Stress	<input type="checkbox"/>
<input type="checkbox"/>	Heavy Lifting	<input type="checkbox"/>
<input type="checkbox"/>		Hazardous Substances
<input type="checkbox"/>		Other
Occupation _____		

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any member of his/her staff responsible for any errors or omissions that I may have made in the completion of this form.

Signature _____ Date _____

Current Physicians/Specialist

Phone number

Health Maintenance: Please note the approximate date and result of your most recent:

Complete Physical Exam: _____ Never

Eye Examination: _____ Never

Cholesterol Blood Test: _____ Never

Dental Examination: _____ Never

Treadmill Stress Test: _____ Never

Hemoccult Test: _____ Never

Sigmoidoscopy/Colonoscopy: _____ Never

Bone Density Scan _____ Never

Women:

PAP Smear _____ Never

Mammogram _____ Never

Breast Examination _____ Never

Men:

Prostate Examination _____ Never

PSA _____ Never

Immunizations: Give approximate dates of most recent:

Tetanus Vaccine: _____ Pneumonia Vaccine: _____

Hepatitis B: _____ MMR/measles: _____

Chickenpox: _____ Meningococcal: _____

Zostavax: _____ HPV: _____